

MARKET BASKET



Thirsty for more

Ready to kick the soda habit? We like these two zero- to low-calorie beverages that contain no artificial sweeteners. IZZEesque, sparkling water blended with fruit juice, has 60 calories per 8-ounce bottle in Mandarin orange, black raspberry and lemon-lime. A four-pack is \$5.40-\$7 at Whole Foods Markets and Fox & Obel. O Water's regular and infused flavors have 0 to 60 calories, respectively, per 16-ounce bottle. The infused waters also are fortified with some vitamins and minerals. They're about \$1.40 each in several flavors at Dominick's, Treasure Island and Sunset Foods.

